

January 21, 2010

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**NEWS RELEASE**

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**III Corps & Fort Hood Public Affairs Office**

Contact: Cpt. Isaac Taylor or Tyler Broadway

Media Relations Office

(254) 287-0106/9993

E-Mail: [Isaac.taylor@conus.army.mil](mailto:Isaac.taylor@conus.army.mil) or [Tyler.broadway@conus.army.mil](mailto:Tyler.broadway@conus.army.mil)

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**SPIRITUAL FITNESS SUMMIT**

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**FORT HOOD, Texas** – III Corps and Fort Hood are conducting a Spiritual Fitness Summit on January 22 at the Fort Hood Spiritual Fitness Center, 31st Street and Battalion Avenue beginning at 9 a.m.

The 2010 III Corps and Fort Hood Spiritual Fitness Summit will reflect and share ideas around three vital questions: What is (are) the definition(s) of Spiritual Fitness? What are key components in Spiritual Fitness Training? What are the critical elements in a Spiritual Fitness Center?

Attendees include Spiritual Fitness Experts and Developers from across the Army.

Media wishing to cover the event should contact the III Corps Public Affairs office at (254) 287-0106, or (254) 931-6881 no later than 4 p.m. on Jan. 21.

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